# **Community Resources**

This is a collection of Northeast Oklahoma community resources designed to give TCC students support to be successful. While this list is not exhaustive, we have made every effort to include many services in Tulsa County and surrounding areas.

This list of resources may be used by any person but was specifically created for victims of civil rights violations and/or interpersonal violence.

These links are being provided as a convenience and for informational purposes only; they do not constitute an endorsement or an approval by Tulsa Community College. TCC bears no responsibility for the accuracy, legality or content of the external site or for that of subsequent links.

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# **Contents**

#### Assistance with Food and Utilities: 3

Bixby Outreach Center 3 Broken Arrow Neighbors 3

Catholic Charities 3

**Emergency Infant Services 3** 

Life Senior Services 4

Loaves & Fishes 4

Neighbor for Neighbor 4

Restore Hope Ministries 4

Salvation Army Center of Hope 4

Sand Springs Community Services 5

Tulsa County Social Service 5

Wagoner Area Neighbors 5

211 Oklahoma 5

#### Food (Pantries) 6

Tulsa Dream Center 6

Boston Ave Helping Hands 6

Christ for Humanity 6

Iron Gate 6

John 3:16 Mission 7

Operation Share 7

Park Plaza Church of Christ 7

Potter's Clay Mission 7

South Tulsa Community House 8

The Ministry Center 8

Tulsa Co. Social Services 8

Western Neighbors 8

### **Counseling and Psychiatric Services 9**

COPES (mobile mental health outreach) 9

Counseling & Recovery Services 9

Crisis Care Center 9

Domestic Violence Intervention Services 10

Family & Children's Services 10

#### Domestic Violence Hotlines, Shelters, and Agencies 11

Domestic Violence Intervention Services 11

Pearl's Hope Transitional Living Program 11

Lindsey House 11

#### **Legal Services 12**

Family Safety Center 12

Legal Aid Services Of Oklahoma 12

#### **Services for Immigrants 13**

Immigrant Resource Network 13

YWCA-Tulsa 13

Immigrant and Refugee Services 13

Immigration Specialties Inc. 13

#### Services for the Deaf and Hard of Hearing 13

TSHA 13

#### **TRANSPORTATION 14**

Tulsa Transit 14

HealthRide 14

Medsupport 14

#### **PUBLIC HEALTH 15**

Tulsa Health Department 15

Multiple Locations: 15

#### **HOUSING 16**

Tulsa Housing Authority 16

Community Service Council 16

211 Oklahoma 16

#### **LGBTQIA+ Support 17**

Oklahomans for Equality (OkEq) 17

Nancy & Joe McDonald Rainbow Library 17

# **INTERPERSONAL VIOLENCE SUPPORT GROUPS 19**

Domestic Violence Intervention Services (DVIS) 19

Adult Female Survivors of Sexual Abuse Group 19

Survivors of Incest Anonymous 19

#### **CHILD CARE 20**

Oklahoma Department of Human Services 20

Child Care Resource Center (Community Service Council) 20

Child Development Center-Muscogee (Creek) Nation 20

#### **PROTECTIVE ORDERS 21**

Family Safety Center 21

Tulsa County 21

Creek County 21

Osage County 21

Wagoner County 21

# ASSISTANCE WITH FOOD AND UTILITIES:

# **Bixby Outreach Center**

Phone: (918) 366-9226

Address: 77 E Breckenridge Ave.

Bixby, OK 74008

Website: <a href="https://bixbyoutreach.org/">https://bixbyoutreach.org/</a>

Hours: Tuesday through Thursday 10AM-2PM

We are here to help families who are dealing with difficult life circumstances by assisting with food and clothing every 30 days. We also have holiday food distribution, backpacks, and a Christmas gift shop for

families with children.

# **Broken Arrow Neighbors**

Phone: (918) 251-7781 Address: 505 East 36th St. North Tulsa, OK 74106

Website: <a href="http://www.baneighbors.org/">http://www.baneighbors.org/</a>

Hours: Monday through Thursday 10AM-2PM, Mon and Thurs 5PM-7PM

#### **Catholic Charities**

Phone: (918) 508-7160

Address: 2450 N Harvard Ave.

Tulsa, OK 74115

Website: <a href="https://captulsa.org">https://captulsa.org</a>

Hours: Monday through Friday 8:30AM-4:30 PM

Services Provided: Adoption, Counseling Dental, Eastern Oklahoma Outreach, Education, Emergency, Healing After Abortion, Immigration, Kitchen & Garden Ministries, Madonna House, Pregnancy Services, Refugee

Services, St. Elizabeth Lodge.

#### **Emergency Infant Services**

Phone: (918) 582-2469 Address; 222 S Houston Ave.

Tulsa, OK 74127

Website: https://www.eistulsa.org/

Hours: Monday through Friday 9AM-2:30PM

Emergency Infant Services is a nonprofit organization meeting the basic human needs of infants and children five and under (such as formula, milk, food, diapers, medicine, and clothing) whose families are in crisis or emergency situations.

### **Life Senior Services**

Phone: (918) 664-9000 Address: 5950 E 31st St.

Tulsa, OK 74135

Website: <a href="http://www.lifeseniorservices.org/seniorline/default.asp">http://www.lifeseniorservices.org/seniorline/default.asp</a> Hours: Monday through Friday 6:45AM-6PM, Saturday 9AM-4PM

LIFE Senior Services specializes in home and community-based services that promote healthy aging and aging-in-place for seniors, as well as services and support for family caregivers who play a critical role in helping their loved ones continue living at home. From Senior Centers for active adults age 50 and older, to Care

Management and Adult Day Health for older adults struggling to maintain their independence, LIFE is

committed to helping seniors of all ages and circumstances.

#### **Loaves & Fishes**

Phone: (918) 234-8577 Address: 11321 E 19th St.

Tulsa, OK 74128

Website: <a href="http://loavesandfishes.net/">http://loavesandfishes.net/</a>

Hours: Monday through Friday 10AM-10:45AM

Temporarily satisfy people's basic needs and to help alleviate suffering of impoverished families by offering

charitable assistance.

# **Neighbor for Neighbor**

Phone: (918) 425-5578 Address: 505 E 36th St N

Tulsa, OK 74106

Website: <a href="https://www.neighborforneighbor.org/">https://www.neighborforneighbor.org/</a>

Hours: Monday through Thursday 9AM-11:30AM, 1PM-2:30PM

#### **Restore Hope Ministries**

Phone: (918) 582-5766

Address: 2960 Charles Page Blvd.

Tulsa, OK 74127

Website: <a href="https://www.restorehope.org/">https://www.restorehope.org/</a>

Hours: Monday through Wednesday 9AM-3:30PM

Provides rent assistance for individuals and families who have a recent, sudden loss of income.

### **Salvation Army Center of Hope**

Phone: (918) 582-7201 Address: 102 N Denver Ave.

Tulsa, OK 74103

Website: <a href="https://www.salarmytulsa.org/category/center-of-hope/">https://www.salarmytulsa.org/category/center-of-hope/</a>

**Homeless Shelter Social Services** 

### **Sand Springs Community Services**

Phone: (918) 245-5183 Address: 114 W 4th St. Sand Springs, OK 74063

Website: <a href="http://sscsok.org/who-are-we/contact-us/">http://sscsok.org/who-are-we/contact-us/</a>

Hours: Monday through Thursday 10AM-2:30PM, Friday 9AM-12PM

SSCS is dedicated to ASSIST, CONNECT, EMPOWER, and SERVE Clients experiencing economic crises with basic needs assistance. It works collectively with Partner Agencies to provide empowering programs and resources to move families forward toward self-sufficiency and to serve all with dignity, respect, compassion and hope.

# **Tulsa County Social Service**

Phone: (918) 596-5560

Address: 2401 Charles Page Blvd.

Tulsa, OK 74127

Website: <a href="https://www.tulsacounty.org">https://www.tulsacounty.org</a> Hours: Monday through Friday 8:30AM-5PM

# **Wagoner Area Neighbors**

Phone: (918) 485-2309 Address: 100 NW 8th St. Wagoner, OK 74467

Website: http://wagonerhelps.org/

Hours: Monday, Wednesday, Friday 8:30AM-12PM, Tuesday and Thursday 1PM-3PM

To provide charitable services for our neighbors in need, particularly those not served by existing social service

programs, as well as those eligible recipients of existing programs whose needs are not fully met.

#### 211 Oklahoma

www.211ok.org

Text 2110K to 898211.

Get help with food, rent, utilities and more.

# **FOOD (PANTRIES)**

#### **Tulsa Dream Center**

Phone: (918) 430-9984 Address: 200 W. 46<sup>th</sup> St N

Tulsa, OK 74126

Website: <a href="https://tulsadreamcenter.org/">https://tulsadreamcenter.org/</a>

Provides food baskets every Tuesday and Thursday at 1 p.m. Assistance can be received one time per week. Hot meals are served every Tuesday, Wednesday and Thursday from 12 to 12:45 p.m. No ID is required.

#### **Boston Ave Helping Hands**

Phone: (918) 584-6923, (918) 582-1356

Address: 700 S Boston

Bernsen Community Life Bldg.

Tulsa, OK 74119

Website: <a href="https://firstchurchtulsa.org/need">https://firstchurchtulsa.org/need</a> help/helping hand.htm

Hours: Monday through Thursday 9 AM- 12 PM

Provides emergency food assistance. Social Security documentation required for each individual receiving

food. Open Monday through Friday, 9 a.m. to noon.

#### **Christ for Humanity**

Phone: (918) 836-2424 Ext. 200 for appointments.

Address: 6314 E 13th St.

Tulsa, OK 74112

Website: <a href="http://www.christforhumanity.com/">http://www.christforhumanity.com/</a> Hours: Monday through Thursday 9 AM- 4 PM

Groceries provided by appointment only. Assistance can be received one time per month, and ID is required

for each individual receiving groceries.

#### **Iron Gate**

Phone: (918) 582-4128 Ext. 117

Address: 501 South Cincinnati Avenue

Tulsa, OK 74103

Website: <a href="https://www.irongatetulsa.org/">https://www.irongatetulsa.org/</a> Hours: Everyday 8:30 AM- 9:30 AM

Fees: TB cards required on subsequent visits

Groceries available Friday and Saturday morning from 8:30 to 10 a.m., and hot breakfast is served Monday

through Friday 8:30 to 10:30 a.m., Saturday and Sunday 8:30 to 10 a.m. No ID required.

#### John 3:16 Mission

Phone: (918) 592-1186 Address: 2027 N Cincinnati Family and Youth Center

Tulsa, OK 74106

Website: <a href="https://john316mission.org/">https://john316mission.org/</a>

Hours: Monday through Friday 9 a.m. to 5 p.m

Emergency food provided. Assistance can be received one time per month, and an ID, proof of address, and

Social Security card, is required for each person receiving food.

# **Operation Share**

Phone: (918) 587-8431 Address: 1915 East 3rd Tulsa, OK 74104

Hours: Thursday and Saturday 9 to 11:45 a.m.

Emergency food is provided. Assistance can be received one time per month. Client must live between Harvard and Peoria and Pine and 15<sup>th</sup> St. Two forms of ID required, one of which must be a photo ID, proof of address and Social Security card for any children receiving food.

#### Park Plaza Church of Christ

Phone: (918) 627-3201 NOTE: Church number – they will connect to pantry.

Address: 5925 East 51st St.

Tulsa, OK 74135

Website: <a href="http://www.usachurches.org/church/park-plaza-church-of-christ.htm">http://www.usachurches.org/church/park-plaza-church-of-christ.htm</a>

Hours: Monday through Thursday, 10 a.m. to 3 p.m

Food pantry provided. Assistance can be received four times per year, but each visit must be at least 30 days

apart. Photo ID and proof of residence required.

#### **Potter's Clay Mission**

Phone: (918) 581-0444, (918) 794-0641

Address: 2208 Southwest Blvd.

Tulsa, OK 74107

Hours: Grocery assistance provided Mondays and Tuesdays at 9 a.m. Free lunch offered on same day of food

assistance at 11:45 a.m., and Wednesday night dinner at 6 p.m.

#### **Restore Hope**

Phone: (918) 582-5766

Address: 2960 Charles Page Blvd.

Tulsa, OK 74127

Website: https://www.restorehope.org/

Hours: Monday through Thursday 11:30 a.m. to 3 p.m

Emergency food provided. Assistance can be received six times per year. Picture ID and proof of residence

required. Social Security required for children receiving food.

# **South Tulsa Community House**

Phone: (918) 742-5597 Address: 5780 S Peoria Ave.

Tulsa, OK 74105

Website: <a href="http://southtulsacommunityhouse.org/">http://southtulsacommunityhouse.org/</a> Hours: Monday through Thursday 9 AM- 4 PM

Groceries provided one time per month to those living south of I-44 including 2-mile radius around 71st &

Lewis. Assistance can be received one time per month. Photo ID and proof of residence required.

# **The Ministry Center**

Phone: (918) 585-5310

Address: 312 S 33rd W Avenue

Tulsa, OK 74127

Website: <a href="http://ministry-center.org/">http://ministry-center.org/</a>

Hours: Monday through Wednesday, 9 a.m. to 1 p.m. and Thursday 9:30 a.m. to 1 p.m.

Emergency food provided. Assistance can be received every 60 days. Photo ID and Social Security card

required.

#### **Tulsa Co. Social Services**

Phone: (918) 596-5560

Other (Shelter): (918) 596-5591 Address: 2401 Charles Page Blvd.

Tulsa, OK 74127-8435

Website: <a href="https://www.tulsacounty.org/TulsaCounty/dynamic.aspx?id=716">https://www.tulsacounty.org/TulsaCounty/dynamic.aspx?id=716</a>

Hours: Monday through Friday 8:30 a.m. to 5 p.m

Food vouchers provided. Assistance can be received one time per 6 months. Vouchers are disbursed at beginning of month, so it's important to go in early. Photo ID, proof of residence, household income,

household expenses, and bank statement if available.

#### **Western Neighbors**

Phone: (918) 445-8840 Address: 4981 S Tacoma

Tulsa, OK 74107

Website: <a href="https://www.foodpantries.org/li/western neighbors">https://www.foodpantries.org/li/western neighbors</a> 74107

Hours: Monday through Thursday 8 a.m. to 12 p.m.

Groceries provided. Assistance can be received one time per month for non-perishables and one time per

week for perishables. Client must live in southwest Tulsa. Photo ID and proof of residence required.

# COUNSELING AND PSYCHIATRIC SERVICES

### **COPES** (mobile mental health outreach)

Phone: (918) 744-4800

Address: 1055 S Houston Ave.

Tulsa, OK 74120

Website: <a href="https://www.fcsok.org/services/crisis-services/">https://www.fcsok.org/services/crisis-services/</a>

Hours: 24 hours/day

Our Community Outreach Psychiatric Emergency Services (COPES) Team can help you or a loved one in need of crisis services. This highly skilled and respected team of mental health providers can assess a situation and provide support for those in need of crisis services. The team can work with children or adults experiencing the following: Threats of suicide, suicidal thoughts, self-injury, aggressive behavior, threats to harm others, depression, severe emotional upset, inability to care for daily needs, poor reality testing or thought disorder, and overwhelming anxiety or panic attacks.

#### **Counseling & Recovery Services**

Phone: (918) 492-2554

Address: 7010 S Yale Ave Suite 215

Tulsa, OK 74136

Website: <a href="https://crsok.org/">https://crsok.org/</a>

Hours: Mon, Wed, Fri 8AM-5 PM, Tues, Thurs 8 AM-7 PM

Counseling & Recovery Services of Oklahoma provides mental health, physical health and wellness care coordination and services for kids, teens, young adults and their families. Caring professionals assess, diagnose, treat and provide support, regardless of a family's ability to pay. Outpatient Services for ages 4 to 18 include: Individual and family counseling; Behavioral rehabilitation; Life skills coaching; Linkage to community services; Psychiatric evaluations; Medication oversight by a physician; on-site pharmacy at the Tulsa office. Wraparound Tulsa provides support teams for children experiencing frequent crisis and their families. Teams advocate for the child and coordinate community services. A family support provider is available by phone any time of day or night. Transition Services helps young people, ages 17-24, with behavioral health issues to set and achieve goals for independent living.

#### **Crisis Care Center**

Phone: (918) 921-3200

Address: 1055 S Houston Ave.

Tulsa, OK 74120

Website: https://www.fcsok.org/covid-19/

Hours: 24 hours

The Family & Children's Services Crisis Care Center provides critically-needed psychiatric beds and new, innovative crisis respite services 24 hours a day. Services include: Screening, Triage and Assessment unit Crisis Respite unit (Up to 24 hours) Crisis Stabilization unit (3 to 5 days) COPES Mobile Crisis.

#### **Domestic Violence Intervention Services**

Phone: (918) 743-5763

Address: 3124 East Apache St.

Tulsa, OK 74110

Website: <a href="http://www.dvis.org/">http://www.dvis.org/</a>

Hours: 24 hour crisis line

DVIS, a Tulsa Area United Way agency, is the only nonprofit agency in Tulsa, Okla., and the surrounding communities to provide comprehensive intervention and prevention services to men, women and, children affected by domestic and sexual violence, and human trafficking. DVIS mission is to rebuild lives affected by domestic violence and sexual assault through advocacy, shelter, counseling, and education.

#### Family & Children's Services

Phone: (918) 587-9471

Address: 650 South Peoria Ave.

Tulsa, OK 74135

Website: <a href="https://www.fcsok.org/">https://www.fcsok.org/</a>

Hours: Monday through Friday 8 AM- 5 PM

Family & Children's Services is a leading provider of behavioral health care and family services for people of all ages in Tulsa and surrounding communities heal traumatized and hurting children, strengthen individuals and families and provide hope and recovery for those battling mental illness.

# DOMESTIC VIOLENCE HOTLINES, SHELTERS, AND AGENCIES

#### **Domestic Violence Intervention Services**

Phone: (918) 743-5763

Address: 3124 East Apache St.

Tulsa, OK 74110

Website: http://www.dvis.org/

Hours: 24 hour crisis line

DVIS, a Tulsa Area United Way agency, is the only nonprofit agency in Tulsa, Okla., and the surrounding communities to provide comprehensive intervention and prevention services to men, women and, children affected by domestic and sexual violence, and human trafficking. DVIS mission is to rebuild lives affected by domestic violence and sexual assault through advocacy, shelter, counseling, and education.

### **Pearl's Hope Transitional Living Program**

Phone: (918) 583-9506

Address: 1616 N Gilcrease Museum Rd,

Tulsa, OK 74127

Website: https://circleofcare.org/

Hours:

Pearl's Hope serves women in Oklahoma who have lost custody of their children to the Oklahoma Department of Human Services (OKDHS) and are working with the agency to correct the conditions which lead their children to be seen unsafe and to regain custody of their children. Applicants must be in or near the trail reunification status in their OKDHS case. Once admitted, families are able to live at Pearl's Hope for up to 24 months while they regain custody of their children and continue to address barriers that prevent them from living a safe and healthy life in the community.

#### **Lindsey House**

Phone: (918) 933-5222

Address: 601 S Elgin Ave, Tulsa, OK 74120 Website: <a href="http://www.lindseyhouse.org/">http://www.lindseyhouse.org/</a>

Hours: 8 AM- 4 PM

Lindsey House provides long-term shelter and supportive services to women caring for children. Our mission is empowering families on their journey to independence.

# **LEGAL SERVICES**

# **Family Safety Center**

Phone: (918) 742-7480

Address: 600 Civic Center, Main floor Police Courts Building

Tulsa, OK 74103

Website: <a href="https://fsctulsa.org/">https://fsctulsa.org/</a>

Hours: 8:00am-5:00pm

To promote safety and justice in Tulsa County through co-located multi-disciplinary services that offer protection, hope, and healing to victims of interpersonal and family violence. One hope, one place, where safety comes first.

Free and Confidential Services Available:

- Assistance with Emergency Protective Orders
- Assistance with law enforcement reports
- Chaplain services
- Children's play area
- Civil legal assistance and advice
- Consultation with District Attorney staff
- Counseling referral for adults
- Forensic medical
- Interpretation services
- Referral for children
- Referral for immigration services
- Referral to safe, confidential emergency shelter
- Safety and prevention education

### **Legal Aid Services Of Oklahoma**

Phone: (918) 584-3338 Address: 907 S Detroit Ave,

Tulsa, OK 74120

Website: <a href="https://www.legalaidok.org/">https://www.legalaidok.org/</a>

Hours: 8:30am-5:00pm

To be a partner in the community making equal justice for all a reality.

Legal Aid Services of Oklahoma, Inc. (LASO) is a non-profit, 501(c)(3) organization that provides civil legal assistance to low-income persons throughout Oklahoma. LASO was born in 2001 when Legal Aid Services of Eastern Oklahoma, Inc. and Legal Aid of Western Oklahoma were merged to create a unified program for the state. LASO maintains 18 offices throughout Oklahoma.

LASO attorneys and advocates handle civil cases involving consumer issues, education issues, family law issues, domestic violence issues, elder law issues, employment and unemployment issues, fair housing issues, housing issues, health issues, public benefits issues, mental health issues, and more. LASO also provides a variety of legal services for those persons with AIDS, the disabled, and for Seniors over 60 years of age.

# **SERVICES FOR IMMIGRANTS**

#### **Immigrant Resource Network**

Website: <a href="http://www.probono.net/dv/oppsguide/organization.273525-Tulsa Immigrant Resource Network">http://www.probono.net/dv/oppsguide/organization.273525-Tulsa Immigrant Resource Network</a> A program of the University of Tulsa College of Law Boesche Legal Clinic, this program provides legal representation, community education and advocacy on immigration law.

#### YWCA-Tulsa

#### **Immigrant and Refugee Services**

Phone: 918-587-2100

Website: https://www.ywcatulsa.org/immigrant-and-refugee-services/

YWCA has been at the frontline of serving immigrants and refugees since the beginning of the 20th century. Nationally, YWCA is listed on Ellis Island as being a welcoming organization providing services to newly arrived immigrants, as well as providing some of the very first English Language courses.

YWCA Tulsa has been dedicated to serving immigrants and refugees for more than 35 years, and we continue to be focused on addressing systemic disparities for newcomers, eliminate barriers, and invest in the success of those who have come to our community to build a new life.

# **Immigration Specialties Inc.**

Phone: (918) 258-6092

Address: 4608 S Garnett Rd # 400,

Tulsa, OK 74146

Immigration & naturalization service in Tulsa, Oklahoma

# SERVICES FOR THE DEAF AND HARD OF HEARING

#### **TSHA**

Phone: 918.832.8742 v/tty Toll-Free: 888.311.3523 v/tty

Fax: 918.834.4329

24/7 Interpreter Service Emergencies: 888.311.3523 (voice only)

Address: 8740 E. 11th St. Tulsa, Oklahoma 74112

Hours: Monday-Thursday: 8am to 5pm

TSHA, while located in Tulsa, Oklahoma, has been providing assistance for individuals throughout Oklahoma for over 50 years. TSHA is a non-profit, Tulsa Area United Way partner agency, and is the oldest and largest community resource agency providing services to those who are deaf, hard of hearing, affected by hearing loss or just an interested party.

# **TRANSPORTATION**

### **Tulsa Transit**

Phone: 918-582-2100

Address: 510 S Rockford Avenue, Tulsa, OK 74152

Website: <a href="http://tulsatransit.org/contact/">http://tulsatransit.org/contact/</a>

Office Hours: Monday-Friday 4:30 AM- 9:00 PM, Saturday 5:00 AM- 9:00 PM

There are many transportation choices in Tulsa including public transit, bike share, ride share, and walking. The Transportation Resource Center has information to help you link transportation modes to get where you

need to go

#### HealthRide

Phone: (918) 404-0038

Address: 6914 S Yorktown Ave,

Tulsa, OK 74136

Website: <a href="https://healthridetulsa.org/">https://healthridetulsa.org/</a>

Hours: Monday through Friday 8 AM- 5 PM

Handicapped transportation service in Tulsa, Oklahoma. Wheelchair, stretcher and ambulatory services

#### Medsupport

Phone: (918) 627-5111

Address: 10320 E 21st St, Tulsa, OK 74129 Website: <a href="https://medsupporttulsa.com/">https://medsupporttulsa.com/</a> Hours: Monday-Friday 8 AM- 5 PM

Medical transportation service in Tulsa, Oklahoma by appointment

# **PUBLIC HEALTH**

#### **Tulsa Health Department**

Phone: (918) 582-9355 (WELL)

Website: <a href="https://www.tulsa-health.org/">https://www.tulsa-health.org/</a>

Personal and family health including testing and immunizations, child health care, child guidance, teen health

and adult health

# **Multiple Locations:**

**BIXBY WIC CLINIC** 

8120 E. 126th Street, Bixby, OK 74008

**BROKEN ARROW WIC CLINIC** 

514 West Atlanta Street, Broken Arrow, OK 74012

CENTRAL REGIONAL HEALTH CENTER

315 S. Utica, Tulsa, OK 74104-2203

COLLINSVILLE HEALTH CENTER

1201 W. Center, Collinsville, OK 74021-3111

AMES O. GOODWIN HEALTH CENTER

5051 S. 129th E. Ave., Tulsa, OK 74134-7004

MINGO WIC CLINIC

9924 East 21st Street, Tulsa, OK 74129

NORTH REGIONAL HEALTH AND WELLNESS CENTER

5635 N. Martin Luther King Jr. Blvd, Tulsa, OK 74126

**OWASSO WIC CLINIC - NEW!** 

8361 N. Owasso Expressway Suite C, Owasso, OK 74055

SAND SPRINGS HEALTH CENTER

306 E. Broadway, Sand Springs, OK 74063-7911

**SOUTH PEORIA WIC CLINIC** 

6831 S. Peoria, Tulsa, OK 74136

# **HOUSING**

### **Tulsa Housing Authority**

Phone: 918-582-0021

Address: 415 E. Independence Street, Tulsa, OK 74106

Online applications ONLY

Where to apply: <a href="https://www.tulsahousing.org/apply-for-housing/public-housing-applications/">https://www.tulsahousing.org/apply-for-housing/public-housing-applications/</a>

Project based rental assistance, public housing, Section 8 Choice Voucher program

# **Community Service Council**

Phone: 918-585-5551

Address: 16 E. Main Street #202

Tulsa, OK 74119-4402

Website: <a href="https://csctulsa.org/housing-assistance/">https://csctulsa.org/housing-assistance/</a>

Hours: Monday-Thursday 8:30AM-5PM, Friday 8:30AM-4PM

Community service council connects people in housing crisis to help.

#### 211 Oklahoma

www.211ok.org

Text 2110K to 898211.

Get help with food, rent, utilities and more.

# **LGBTQIA+ SUPPORT**

# Oklahomans for Equality (OkEq)

Phone: (918) 743-4297 Address: PO Box 2687 Tulsa, OK 74101

Email: <a href="mailto:center@okeq.org">center@okeq.org</a>
Website: <a href="mailto:www.okeq.org">www.okeq.org</a>
Hours: 9 AM-9 PM

#### **Diversity Center of Oklahoma**

Phone: (405) 604-5217 Address: 2242 NW. 39th St. Oklahoma City, OK 73112

Website: https://diversitycenterofoklahoma.org/wp/

# **Green Country Bears**

Email: <u>info@greencountrybears.net</u> Website: www.greencountrybears.net

#### **HIV/AIDS Legal Resource Project**

Legal Aid Services of Oklahoma, Inc.

Phone: (405) 488-6779

Address: 2915 N. Classen Blvd. Oklahoma City OK 73106 Website: <a href="https://www.legalaidok.org">www.legalaidok.org</a>

#### Imperial Court of All Oklahoma, Inc.

501(c)3 Charity Organization Address: P.O. Box 14533

Tulsa, OK 74159

Email: <a href="mailto:lmpcourtok@gmail.com">lmpcourtok@gmail.com</a>

Website: www.impcourtok.webs.com

### Little Blue House at the University of Tulsa

PRIDE at TU

Facebook: <a href="https://www.facebook.com/littlebluehouseattu/">https://www.facebook.com/littlebluehouseattu/</a>

Website: <a href="http://www.unitedcampusministry.org/">http://www.unitedcampusministry.org/</a>

# Nancy & Joe McDonald Rainbow Library

Dennis R. Neill Equality Center Phone: (918) 743.GAYS (4297) Address: 621 E 4th Street

Tulsa, OK 74120

Website: www.okeq.org/programs/rainbow-library/

#### **PFLAG Tulsa**

Phone: (918) 928-7818 Address: PO Box 52800

Tulsa, OK 74135

Email: <a href="mailto:pflagtulsa@hotmail.com">pflagtulsa@hotmail.com</a> Website: <a href="mailto:www.pflagtulsa.org">www.pflagtulsa.org</a>

### Tulsa Uniform & Leather Seekers Association (T.U.L.S.A.)

Address: PO Box 470612 Tulsa, OK 74147-0612

Email: <a href="mailto:execboard@tulsaleather.com">execboard@tulsaleather.com</a>
Website: <a href="mailto:www.tulsaleather.com">www.tulsaleather.com</a>

#### **Tulsa Area Prime Timers (TAPT)**

Phone: (918) 592-0088 Address: PO Box 702803 Tulsa, OK 74170-2803

Email: tulsaprime@yahoo.com

Website: www.TulsaAreaPrimeTimers.com

# **Tulsa Lesbian Network (TLN)**

Facebook: www.facebook.com/TulsaLesNetwork

### **Tulsa Two-Spirit Society**

Email: okienativeboy@yahoo.com

### **Youth Services of Tulsa**

Phone: (918) 587-1300

Address: 311 S Madison Avenue

Tulsa, OK 74120

Website: www.yst.org

# INTERPERSONAL VIOLENCE SUPPORT GROUPS

# **Domestic Violence Intervention Services (DVIS)**

Phone: (918) 7HELP ME (918-743-5763)

Address: 3124 E. Apache Street, Tulsa, OK 74110

Website: <a href="http://dvis.org/">http://dvis.org/</a> Email: <a href="mailto:info@dvis.org">info@dvis.org</a>

Individual and group counseling services for domestic violence and sexual assault survivors, Group counseling

for Batterers Intervention Program. Services are offered in English and Spanish.

### **Adult Female Survivors of Sexual Abuse Group**

Phone: 918-749-6838

Contact: Ms. K Renee Marlow <u>www.kreneemarlow.com/</u>

This is an on going therapy group for adult female survivors abused as children. The participants learn the symptoms of trauma and PTSD and how it effects their present functioning. Call office for times and dates Cost

\$ 50 +

## **Survivors of Incest Anonymous**

Contact: <a href="www.siawso.org">www.siawso.org</a>
Email: tulsasia@gmail.com

We are a spiritual self-help group of men and women 18+ who are Tulsa guided by a set of suggested 12

Oklahoma steps and 12 traditions Survivors only please.

# **CHILD CARE**

#### **Oklahoma Department of Human Services**

Contact: www.okdhs.org

Apply online for assistance with child care for ages birth through 12 years of age

# **Child Care Resource Center (Community Service Council)**

Phone: 918-585-5551

Address: 16 E. 16th Street, #202 Tulsa, Oklahoma 74119-4402 Email: info@csctulsa.org

Website: <a href="https://csctulsa.org/ccrc/">https://csctulsa.org/ccrc/</a> HOURS: 8:30 am – 5 pm, M – Th

8:30 am - 4 pm, Fridays

The Child Care Resource Center (CCRC) is a program of the Community Service Council (CSC) offering quality child care resource and referral services to families, child care providers and the community. We employ a staff of child care professionals with expertise in child development, early childhood, nutrition, nursing, social work and more. CCRC was formed in 1987 in response to a citizen-led task force examining the needs of Tulsa's children.

# **Child Development Center-Muscogee (Creek) Nation**

Phone: (918) 732-7680 Address: 2204 Foxcourt Okmulgee, OK 74447

Website: http://www.muscogeenation-nsn.gov/services/child-development/

HOURS: Monday-Friday 8 a.m. – 5 p.m.

The Child Care Program mission is to increase the availability, affordability and quality of child care for low-income families by providing financial assistance and consumer education for parents that are working, training or attending educational program. To provide a nurturing, wholesome and fostering environment for children that would enable them to attain their potential while in their most formative years – early childhood – and to provide a sense of security and confidence to parents that their children are receiving the utmost in development and facilitative care while entrusted to the child development center.

# **PROTECTIVE ORDERS**

You get assistance in filing for a protective order from your DVIS Campus Advocate, your local law enforcement agency, or:

#### **Family Safety Center**

Phone: (918) 742-7480

Address: 600 Civic Center, Tulsa, OK 74103

Website: https://fsctulsa.org/

HOURS: Monday through Friday 8:00 AM- 5:00 PM

# **Tulsa County**

Family Safety Center 600 Civic Center, Tulsa OK (918) 742-7480 8am-5pm

Tulsa County Courthouse 500 Civic Center, Tulsa OK (918) 596-5420 8am-5pm

#### **Creek County**

Creek County Courthouse 222 East Dewey, Ste 201, Sapulpa, Ok (918) 227-2525 8am-5pm

#### **Osage County**

Osage Nation Counseling 126 E 6th, Pawhuska OK (918) 287-5422 8am-4:30pm

Osage County District Attorney (918) 287-1510

### **Wagoner County**

Wagoner County Courthouse 307 E Cherokee, Wagoner OK (918) 485-4508 8am-4:30pm